## Health Insurance Portability and Accountability Act (HIPAA) Notice

THIS NOTICE DESCRIBES HOW PSYCHOLOGICAL AND MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

#### I. Uses and Disclosures for Treatment, Payment, and Health Care Operations

*Protected Health Information* (PHI) refers to information in your health record that could identify you. I may use or disclose your PHI for treatment, payment, and health care operations purposes with your consent. To help clarify these terms, here are some definitions:

- *Treatment:* When I provide, coordinate, or manage your health care and other services related to your health care. An example of treatment might be when I consult with another health care provider, such as your family physician or another psychologist.
- *Payment*: When I obtain reimbursement for your healthcare. Examples of payment are when I disclose your PHI to your health insurer to obtain reimbursement for your health care or to determine eligibility or coverage
- *Health Care Operations*: Activities that relate to the performance and operation of my practice. Examples of health care operations are quality assessment and improvement activities, business-related matters such as audits and administrative services, and case management and care coordination.
- *"Use"* applies only to activities within my practice such as sharing, employing, applying, utilizing, examining, and analyzing information that identifies you.
- *"Disclosure"* applies to activities outside of my practice, such as releasing, transferring, or providing access to information about you to other parties.

#### II. Uses and Disclosures Requiring Authorization

I may use or disclose PHI for purposes outside of treatment, payment, and health care operations when your appropriate authorization is obtained. An "authorization" is written permission above and beyond the general consent that permits only specific disclosures. In those instances when I am asked for information for purposes outside of treatment, payment and health care operations, I will obtain an authorization from you before releasing this information. I will also need to obtain an authorization before releasing your psychotherapy notes. "Psychotherapy notes" are notes I have made about our conversation during a private, group, joint, or family counseling session, which I have kept separate from the rest of your medical record. These notes are given a greater degree of protection than PHI.

You may revoke all such authorizations (of PHI or psychotherapy notes) at any time, provided each revocation is in writing. You may not revoke an authorization to the extent that (1) I have relied on that authorization; or (2) if the authorization was obtained as a condition of obtaining insurance coverage, and the law provides the insurer the right to contest the claim under the policy.

#### III. Uses and Disclosures with Neither Consent nor Authorization

I may use or disclose PHI without client consent or authorization in the following circumstances:

- **Child Abuse:** If I know or have reasonable cause to suspect that a child has been abused or neglected, I must report the matter to the appropriate authorities as required by law.
- Adult and Domestic Abuse: If I suspect that an adult has been abused, neglected, or exploited and I have reasonable cause to suspect that the adult is incapacitated or dependent, I must report the matter to the appropriate authorities as required by law.
- Health Oversight Activities: I may disclose PHI to the South Carolina Board of Examiners of Psychologists, or one of its representatives, pursuant to standards or regulations for regulation, accreditation, licensure, or certification.
- Judicial and Administrative Proceedings: If you are involved in a court proceeding and a request is made for information about your diagnosis and treatment or the records thereof, such information is privileged under state law, and I will not release information without the written authorization of you or your legally appointed representative or a court order. The privilege does not apply when you are being evaluated for a third party or where the evaluation is court ordered. You will be informed in advance if this is the case.
- Serious Threat to Health or Safety: If you communicate to me an explicit threat to kill or inflict serious bodily injury upon an identified person and you have the apparent intent and ability to carry out the threat, I must take reasonable precautions. Reasonable precautions may include warning the potential victim, notifying law enforcement, or arranging for your hospitalization. I must also do so if I know you have a history of physical violence and I believe there is a clear and present danger that you will attempt to kill or inflict bodily injury upon an identified person. Furthermore, if you present a clear and present danger to yourself and refuse to accept further appropriate treatment, and I have a reasonable basis to believe that you can be committed to a hospital, I must seek said commitment and may contact members of your family or other individuals if it would assist in protecting you.
- Worker's Compensation: I may disclose PHI as authorized by and to the extent necessary to comply with laws relating to worker's compensation or other similar programs, established by law, that provide benefits for work-related injuries or illness without regard to fault.

## IV. Patient's Rights and Psychologist's Duties

## <u>Patient Rights:</u>

- <u>*Right to Request Restrictions</u></u>: You have the right to request restrictions on certain uses and disclosures of your protected health information, which I may or may not agree to, but if I do, such restrictions shall apply unless our agreement is changed in writing.</u>*
- <u>Right to Receive Confidential Communications by Alternative Means and at Alternative Locations</u>: You have the right to request and receive confidential communications of PHI by alternative means and at alternative locations. (For example, you may not want a family member to know that you are seeing me. Upon your request, I will send your bills to another address.)
- <u>*Right to Inspect and Copy:*</u> You have the right to inspect and/or obtain a copy of PHI in my mental health and billing records used to make decisions about you for as long as the PHI is maintained in the record. I may deny your access to PHI under certain circumstances. On your request, I will discuss with you the details of the request and denial process.

- <u>*Right to Amend:*</u> You have the right to request an amendment of PHI for as long as the PHI is maintained in the record. I may deny your request. On your request, I will discuss with you the details of the amendment process.
- *<u>Right to an Accounting</u>:* You generally have the right to receive an accounting of disclosures of your PHI. On your request, I will discuss with you the details of the accounting process.
- <u>*Right to a Paper Copy</u>: You have the right to obtain a paper copy of the notice from me upon request, even if you have agreed to receive the notice electronically.</u>*
- <u>Right to Be Notified if There in a Breach of Your PHI</u>: You have the right to be notified if: (a) there is a breach (a use of disclosure or your PHI in violation of the HIPAA Privacy Rule) involving your PHI; (b) that PHI has not been encrypted to government standards; and (c) my risk assessment fails to determine that there is a low probability that your PHI has been compromised.

# Psychologist's Duties:

- I am required by law to maintain the privacy of your PHI and to provide you with a notice of my legal duties and privacy practices with respect to PHI.
- I reserve the right to change the privacy policies and practices described in this notice. Unless I notify you of such changes, however, I am required to abide by the existing terms.
- If I revise my policies and procedures, and you still have an open file with me, I will notify you of such changes in person, via mail, or via another method agreed to in advance.

## V. Questions and Complaints

I am the appointed "Privacy Officer" for my practice per HIPAA regulations. If you have questions about this notice, disagree with a decision I make about access to your records, or have other concerns about your privacy rights, please do not hesitate to contact me immediately about this matter (843-990-6293). If you believe that your privacy rights have been violated and wish to file a complaint with me, you may send your written complaint to Jesse Chasman, Ph.D. at P.O. Box 2520, Mount Pleasant, SC 29465. You also may send a written complaint to the Secretary of the U.S. Department of Health and Human Services. I can provide you with the appropriate address upon request. You have specific rights under the Privacy Rule. I will not retaliate against you for exercising your right to file a complaint.

## VI. Effective Date, Restrictions and Changes to Privacy Policy

This notice will go into effect on June 2, 2017. I reserve the right to change the terms of this notice and to make the new notice provisions effective for all PHI that I maintain. Changes in policy will be posted in my office.

Signature of client or responsible party

Printed name of client or responsible party

Witness

Date